



INCLUDEDUSEX

2018-1-ES01-KA204-050062

Supportive training course and self-help groups of parents of youth with physical and learning disabilities on sexual education, techniques and appropriate behaviour

Startdate: 03/12/2018

Duration: 24 months



Co-funded by the
Erasmus+ Programme
of the European Union

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Main aims:

- To equip parents with an appropriate sexual education programme and training materials that will enable the process of "educating" their pupils with disabilities to understand and manage their sexuality and express it in an appropriate way.
- To enable parents to guide their pupils with disabilities to experience full human capabilities.
- To prevent potential risks of sexual assault, inappropriate exploitation, sexually transmissible infections/ diseases and unplanned pregnancy at a much higher rate than the rest of the population.

Following products will be developed:

- **IO1:** Parental sexual education training course
- **IO2:** Guide for professional supporting parents and their children with disabilities in terms of sexual education
- **IO3:** Handbook "How to create and manage a self-support parental groups on the topic of inclusive sexual education?"
- **IO4:** Android based mobile application – 24/7 offer help on solutions per specific problem in terms of inclusive sexual education



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